



2024 STATE OF THE NATION SURVEY RESULTS



Impact of ADHD

41.1% of respondents were classed as having 'Severe impacts across all domains'

Key areas of Concern

Responses indicated five key areas of concern, including 'Healthcare access and support challenges' and social stigma and public perception.



Understanding of ADHD

70.7 % of respondents reported that they perceived understanding of ADHD in Primary Care as being 'Poor' or worse

Facing Stigma

76% of respondents reported receiving negative responses from people when disclosing their ADHD



Self-Management

'Exercise', 'online resources' and 'mindfulness' were the top three alternative ADHD management approaches survey respondents reported using

Biggest Challenges

The biggest challenges reported by respondents were 'Access to diagnostic assessments', 'Access to treatment/medication', 'Lack of public awareness/stigma', and 'Co-existing conditions'.

