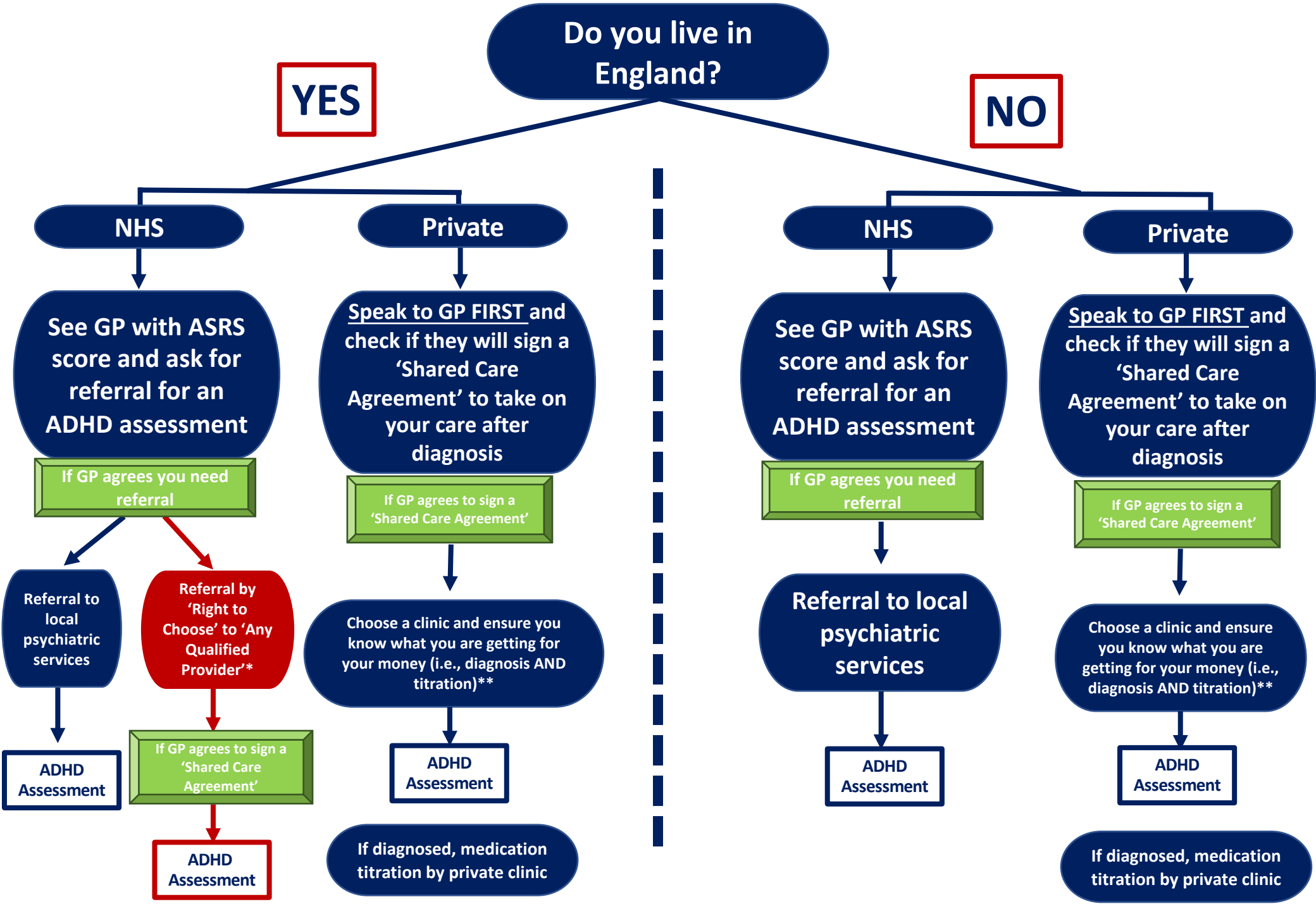
Do you live in England?
YES
NO
NHS
Private
See GP with ASRS score and ask for referral for an ADHD assessment
If GP agrees you need referral
Referral to local psychiatric services
ADHD Assessment
Referral by 'Right to Choose' to 'Any Qualified Provider'*
If GP agrees to sign a 'Shared Care Agreement'
ADHD Assessment
Speak to GP FIRST and check if they will sign a 'Shared Care Agreement' to take on your care after diagnosis
If GP agrees to sign a 'Shared Care Agreement'
Choose a clinic and ensure you know what you are getting for your money (i.e., diagnosis AND titration)**
ADHD Assessment
If diagnosed, medication titration by private clinic
NHS
Private
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ADHD Assessment
Speak to GP FIRST and check if they will sign a 'Shared Care Agreement' to take on your care after diagnosis
If GP agrees to sign a 'Shared Care Agreement'
Choose a clinic and ensure you know what you are getting for your money (i.e., diagnosis AND titration)**
ADHD Assessment
If diagnosed, medication titration by private clinic